



Are you unemployed and looking for a new job?

Join us to find out about our job coaching programme

Find out how to get connected with one of our business volunteers to help with your journey into work. No need to register, just **click or scan to attend**.

Every Wednesday

11am - 11.30am



It can be difficult to know what to do next when you are looking for a job. Having a BITC coach on your side can make all the difference. Our coaches are here to **support** you. They have **time to listen**, help you **stay positive** and **motivated**, **plan** and **make decisions** for the future.

Our programme involves 6 coaching calls (either virtually or by phone) that you can arrange for a **time that's convenient** to you.

Would you like some help with:

- Defining employment-related goals?
- Understanding and describing skills?
- Identifying new ways to apply skills?
- Navigating job application processes?
- Building motivation and self-belief?

We welcome anyone who is **18+ and unemployed**. All you need is an email address and a phone. For any questions, email us at coaching@bitc.org.uk



Chair: Peter Harrison
Chief Executive: Mary Macleod

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